

F Y B.A. Semester – II
PSYCHOLOGY
Core - 101 & Elective Paper No – 10
BASIC PSYCHOLOGICAL PROCESS - II

Unit – 1 Psychological Method

- Descriptive Methods
- Clinical Methods
- Statistical Methods
- Experimental Methods

Unit – 2 Process of Learning

- Definition of Learning
- Classical Conditioning
- Operant Conditioning
- Avoidance Conditioning

Unit – 3 Process of Memory

- Meaning of Memory
- Stages of Memory
- Short – term and Long - term Memory
- Measurement of Retention

Unit – 4 Psychological Testing

- Definition and Use of Psychological Testing
- Characteristics of Good Psychological Test
- Types of Test

BASIC BOOK :

Clofford T. Morgan, A Brief Introduction To Psychology, Tata McGraw Hill (1978), Publishing Co. Ltd, New Delhi.

Ciccarelli, Saundra K. and Mryer, Hlenn E. (2008), Psychology South Asian Edition Pearson Longman, An imprint of Pearson Education. First Impression.

F Y B A SEMESTER – II
PSYCHOLOGY
Core -102 & Elective Paper No – 10
Social Psychology- II

Unit – 1 Study Methods

- Approaches towards understanding social behavior
- Study methods of social behavior
 - Systematic Observation
 - Correlational Research
 - Experimental methods

Unit – 2 Attitude

- Definition and nature
- Formation of nature
- Changing Attitude
 - Persuasion using messages to change Attitude
 - Resistance to persuasion

Unit – 3 Aggression

- Definition and nature
- Theoretical perspectives on aggression
- Determinants of human aggression
 - Social personal and situational
- Some useful technique for control of aggression

Unit – 4 Leadership

- Definition of leadership
- Factors of leadership
- Types of leader
- Functions of leader
- Fiedler's contingency model of leadership effectiveness

Basic Text-books:

- [1] Baron R.A. and D. Byrne : 'Social psychology'
(10th Edition 2004) New Delhi, Prentice Hall of India Pvt. Ltd.
- [2] Kuppaswamy B: 'Elements of Social Psychology'
(7th Edition 1990) Delhi; Konark Publishers Pvt. Ltd.

Reference Book :

- Baron. R.A. Byrne, D & Bhardwaj. G (2010) : Social psychology
(12th Ed) New Delhi, Pearson.
- Chadha, N.K. (2012) Social Psychology, MacMillan: New Delhi
- Myers D.G. (2008) Social Psychology, New Delhi: Tata McGraw-Hill.

F Y B.A. Semester – II

PSYCHOLOGY

Elective Paper No – I0 (S.S.)

PSYCHOLOGY OF PERSONAL ADJUSTMENT-II

UNIT – I Frustration

- (1) Meaning of Frustration
- (2) Sources of Frustration
- (3) Effects of Frustration
- (4) Frustrating Tolerance

UNIT – II Job Adjustment

- (1) The Transition from School to work
- (2) Factors Affecting Job Selection
- (3) Working Woman
- (4) Factors Affecting Job Satisfaction

UNIT – III Psychosexual Adjustment

- (1) Attitudes toward Love
- (2) Factors in Mate Selection
- (3) Psychosexual Relationships in marriages
- (4) Why Some People do not Marry?

UNIT – IV Old Age Adjustment

- (1) Changes that Occur During the Aging Process
- (2) Sources of Adjustment Difficulties
- (3) Viewing Old Age Constrictively

BASIC BOOK:

The Dynamics of Personal Adjustment By George, Lehner and Ella, Kube.
Prentice – Hall. Inc. (N.J.)

REFERENCE BOOK :

Weiten W. and Lloyd, M.A. (2007) Psychology Applied to Modern Life Adjustment in the 21st Century 8th Edition. United States Thomson Wadsworth.