

Shree Govind Guru University

B.A.SEMESTER : 3

SUB : Soft-Skill

First Aid and Emergency Cell

Credit : 2Period/weekExternal Marks : 100

UNIT-1

- 1) Definition, Importance and Objectives of First Aid
- 2) General Rules of First Aid
- 3) Principles of First Aid
- 4) Characteristics of First Aider
- 5) First Aid Box

UNIT-2

- 1) Life Saving Work
- 2) Methods of transferring patients
- 3) Definition, Types and Treatment of Wound
- 4) Bleeding , Types of Bleeding and pressure points of Blood

UNIT-3

- 1) Dressing – its rules
- 2) Bandage – Types and methods of bandaging
- 3) Fracture, joint sprain, joint dislocation – identification and first treatment
- 4) Unconsciousness, fainting, shock and hysteria – reasons and first treatment

UNIT-4

- 1) Poison : Effects and its treatment
- 2) Heart Attack and its first treatment
- 3) Burns and scalds and it first treatment
- 4) Sun-stroke and its first treatment

UNIT-5

- 1) Emergency Services :
 - i) Police Control – 100
 - ii) Women Helpline – 181
 - iii) Medical Helpline – 108
 - iv) Ambulance Helpline – 102
 - v) Fire Services – 101
- 2) Disaster Management : Definitions and Types
- 3) Gujarat State Disaster Management Authority (GSDMA) : Introduction, Constitution and History

REFERENCES :

- First Aid – Dr. Rajiv Sharma
- SwasthyaVignan, PrathamikChikitsa and GruhParichay – Dr. ShashiSinh, Mrs. Poonam Sinh, Mrs. RanjanaBandhu
- AkasmatanePrathamikSarvar – Vipul H. Upadhyay, Jayaben Joshi, Sanjay S. Joshi
- PrathamikSarvarAngeMardarshakPustika – Saint John Ambulance (India) Panchmahal Dist. Branch, Godhra
- PrathamikSarvar – Prakashak Lara Publication
- A handbook of emergencies – Aspi F. Golwala, Shahrukh A. Golwala